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DESERT TORTOISE NUTRITION

NUTRITION: FEED A MIXTURE OF THE FOLLOWING:

NATIVE PLANTS FOR FEED YOUR TORTOISE:

- Native Grasses
- Globe Mallow
- Other Mallows
- Evening Primroses
- Morning Glory
- Plantain
- Buckwheat
- Curly Mesquite
- Rock Hibiscus
- Honeysuckle
- Cassia
- Spurge
- Deer Grass
- Arizona Cotton Top
- Prickly Pear Pads and Fruit

PLANTS TO GROW FOR YOUR TORTOISE:

- Bermuda Grass
- Sweet Peas
- Nasturtium
- Clover
- Alfalfa
- Petunias
- Dichondra

OTHER FOODS TO GIVE YOUR TORTOISE:

- Grape Leaves
- Rabbit Pellets
- Rose Petals
- Mulberry Leaves
- Hibiscus flowers and leaves
- Hay – Alfalfa – Bermuda – Timothy

ACCEPTABLE PRODUCE TO FEED YOUR TORTOISE:

- Beet Greens
- Snow Peas
- Turnip Greens
- Red Leaf Lettuce
- Green Leaf Lettuce
- Radicchio
- Mustard Greens
- Cilantro
- Collard Greens
- Parsley
- Endive
- Bok Choy
- Kale
- Dandelion Greens

- **NEVER FEED ICEBURG LETTUCE TO YOUR TORTOISE**

With feeding a wide variety of foods, we recommend that you do NOT give additional vitamins or mineral supplements such as calcium as too much can be harmful to your Tortoise. It is VERY important to leave your Tortoise outside so it may maintain a healthy calcium metabolism with natural sun exposure.