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IGUANA DIET

SHOULD BE FREQUENTLY USED:

- Dandelion Flowers, Stems and Leaves – Avoid Insecticides
- Collard Greens
- Mustard Greens
- Hibiscus Flowers
- Mulberry Tree Leaves
- Turnip Greens
- Kale
- Cabbage

SHOULD BE USED IN MODERATION:

- Spinach
- Romaine Lettuce
- Green Onion Stems
- Parsley
- Carrot Tops
- Celery Tops
- Beet Greens
- Broccoli Leaves – Not Stem or flower Parts
- Cauliflower – Very Small Pieces
- Chard Leaves
- Watercress
- Rabbit Pellets – Soak in Water
- Lettuce – Red, Green leaves
- Iguana Diet – Can be purchased in Stores

Dietary supplements can be used with the above mentioned vegetables. Calcium powder can be mixed in with the greens to avoid bone disease. All food should be chopped up smaller than one third of your Iguana's head to avoid intestinal blockage.